

## Free Wellness

## Resources

## FOR KISD STUDENTS AND STAFF

Killeen ISD provides free resources to promote Social-Emotional Learning, Mental Health Awareness, and Self-Care Awareness.

KISD is committed to the overall well-being of our students, staff, and families.

The district provides various resources to promote Social Emotional Learning, Mental Health Awareness, and Self-Care Awareness.

Updates may be found on the district's Guidance and Counseling webpage at <u>bit.ly/KISDwellness</u>

## KISD GUIDANCE & COUNSELING